



October 15<sup>th</sup> thru 19<sup>th</sup>  
**National School Lunch Week**  
 "School Lunch – Lots 2 Love"

**OCTOBER 2018**  
**MONDAY**

**TUESDAY**

**WEDNESDAY**

**CORVALLIS ELEMENTARY MENU**  
**THURSDAY** **FRIDAY**

|  |  |  |  |   |
|--|--|--|--|---|
| <p><b>1</b> Buttermilk Bar<br/>Orange Juice</p> <p>#1 Chicken Patty Sandwich<br/>#2 Hot Italian Sandwich<br/>#3 *Peanut Butter &amp; Jelly Sandwich</p>  | <p><b>2</b> Bagel w/Cream Cheese<br/>Orange Wedges</p> <p>#1 *Toasted Cheese Sandwich<br/>#2 *Roasted Veggie Flat Bread<br/>#3 *Peanut Butter &amp; Jelly Sandwich</p>   | <p><b>3</b> Blueberry Muffin<br/>Banana</p> <p>#1 Mini Pancakes w/Pork Sausage Links<br/>#2 * Lentil Soup w/Veggies &amp; Cheesy Garlic Breadstick<br/>#3 *Peanut Butter &amp; Jelly Sandwich</p>  | <p><b>4</b> Breadstick w/Peanut Butter Cup<br/>Peaches</p> <p>#1 Sunny Thai Noodles w/Veggies &amp; Chicken<br/>#2 *Cheesy Quesadilla<br/>#3 *Peanut Butter &amp; Jelly Sandwich</p>   | <p><b>5</b> Freshly Baked Maple Roll<br/>Fruit</p> <p><b>Munch Lunch</b><br/>w/ Chicken Corndog<br/>or<br/>*Peanut Butter &amp; Jelly Sandwich<br/><i>Fresh Baked Cookie</i></p>  |
| <p><b>8</b> Apple Delight<br/>Apple Juice</p> <p>#1 Hamburger<br/>#2 Fajita Rice Bowl w/Black Beans, Corn &amp; Chicken<br/>#3 *Peanut Butter &amp; Jelly Sandwich</p>   | <p><b>9</b> Croissant w/Cream Cheese<br/>Orange Wedges</p> <p>#1 *Veggie Egg Fried Rice w/Potato Rounds<br/>#2 Tangy Chicken Hot Sandwich<br/>#3 *Peanut Butter &amp; Jelly Sandwich</p>   | <p><b>10</b> Freshly Baked Fruit Muffin<br/>Blueberries</p> <p>#1 Handmade Pizza (Pepperoni, *Cheese or *Veggie)<br/>#2 Hummus Platter w/Pita Chips<br/>#3 *Peanut Butter &amp; Jelly Sandwich</p>   | <p><b>11</b> Breakfast Round<br/>Applesauce</p> <p>#1 Chicken Pozole &amp; Rice<br/>#2 Parmesan Chicken Breast on a Hoagie<br/>#3 *Peanut Butter &amp; Jelly Sandwich</p>  | <p><b>12</b> Freshly Baked Cinnamon Roll<br/>Fruit</p> <p>#1 Fiesta Chicken Flautas w/Side of Beans<br/>#2 *Moo Lunch (Yogurt w/String Cheese &amp; Crackers)<br/>#3 *Peanut Butter &amp; Jelly Sandwich</p>  |
| <p><b>15</b> Buttermilk Bar<br/>Orange Juice </p> <p>#1 Pork Taco w/Tortilla Chips<br/>#2 Chicken Patty Sandwich<br/>#3 *Peanut Butter &amp; Jelly Sandwich</p> | <p><b>16</b> Bagel w/Cream Cheese<br/>Pears </p> <p>#1 Meaty Spaghetti w/Beef/Veggie Sauce &amp; French Bread<br/>#2 Asian Tuna Burger<br/>#3 *Peanut Butter &amp; Jelly Sandwich</p> | <p><b>17</b> Freshly Baked Banana Bread<br/>Applesauce </p> <p>#1 *French Toast Sticks w/Fluffy Scrambled Eggs<br/>#2 *Arroz con Queso<br/>#3 *Peanut Butter &amp; Jelly Sandwich</p> | <p><b>18</b> Crunch Bar<br/>Raisins </p> <p>#1 *3 Bean Chili w/Cornbread<br/>#2 Chicken Tenders w/Dinner Roll<br/>#3 *Peanut Butter &amp; Jelly Sandwich</p>  | <p><b>19</b> Freshly Baked Maple Roll<br/>Fruit </p> <p>#1 *Southwest Black Bean &amp; Corn Nachos<br/>#2 *Homemade Local Veggie Burger<br/>#3 *Peanut Butter &amp; Jelly Sandwich</p> |
| <p><b>22</b> Apple Delight<br/>Apple Juice</p> <p>#1 Mac &amp; Cheese w/Chicken Mega Bites<br/>#2 Deli Sandwich<br/>#3 *Peanut Butter &amp; Jelly Sandwich</p>   | <p><b>23</b> Benefit Bar<br/>Mixed Fruit</p> <p>#1 Chicken Drumstick w/Red Rice<br/>#2 *Cheesy Garlic Bread w/Marinara<br/>#3 *Peanut Butter &amp; Jelly Sandwich</p>  | <p><b>24</b> Freshly Baked Pumpkin<br/>Cranberry Bar<br/>Banana</p> <p>#1 Weiner Wrap<br/>#2 Pork Carnitas w/Flour Tortilla<br/>#3 *Peanut Butter &amp; Jelly Sandwich</p>   | <p><b>25</b> Freshly Baked Breakfast Round<br/>Orange Wedges</p> <p>#1 *Bean &amp; Cheese Burrito<br/>#2 Thai Chicken on Flat Bread<br/>#3 *Peanut Butter &amp; Jelly Sandwich</p>   | <p><b>26</b> Belgian Waffle<br/>Fruit</p> <p>#1 Fish Taco w/Poke Sauce &amp; Rice<br/>#2 Hamburger<br/>#3 *Peanut Butter &amp; Jelly Sandwich</p>   |
| <p><b>29</b> Buttermilk Bar<br/>Orange Juice</p> <p>#1 Chicken Patty Sandwich<br/>#2 Hot Italian Sandwich<br/>#3 *Peanut Butter &amp; Jelly Sandwich</p>   | <p><b>30</b> Bagel w/Cream Cheese<br/>Orange Wedges</p> <p>#1 *Toasted Cheese Sandwich<br/>#2 *Roasted Veggie Flat Bread<br/>#3 *Peanut Butter &amp; Jelly Sandwich</p>  | <p><b>31</b> <b>No Classes</b></p>   | <p><b>LOCHMEAD</b><br/>Variety Low Fat Milk<br/>Served With Every Meal </p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p><b>Eat Breakfast</b><br/>For a<br/><b>GREAT START</b></p> </div> <div style="border: 1px solid black; padding: 5px; display: inline-block;"> <p><b>Salad Bar</b><br/>with Fresh<br/>Salad Greens,<br/>Fruits,<br/>Veggies, &amp;<br/>More</p>  </div> <p>* - Vegetarian Option</p> |   |

~~ Menu Subject to Change ~~

This institution is an equal opportunity provider.

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